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urism Malaysia, Ministry of Tourism, Arts and Culture, Malaysia



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Perak State Park Corporation Tourism Perak Management Bhd.

Majlis Perbandaran Manjung, Bahagian Komuniti & Sosial Ipoh Tourist Information Centre, (ITIC)

sentres Tourism Information Centres





			Legend		
			Legena		
	Built-up Area		Shopping	688	Sports Complex
	Field / Recreation		Dining	•	Important Landmark,
A100	River / Lake	©	Hospital / Clinic	*	University / College
	Expressway		Police Station	•	Place of Worship
	Major Road		Fire Station	(1)	Jetty
	Secondary Road		Bus Station	$\int_{\mathbb{Q}}$	Golf Course
=0=	Railway Route & Station	$\stackrel{\cdots}{\Rightarrow}$	Taxi Station		Mountain
	Naliway Noute & Station	•	Taxi Station		
*	Places of Interest	\bowtie	Post Office		
H	Hotel		Library		

Places of Interest		Royal Ipoh Club	АЗ
Birch Memorial Clock Tower	A3	State Mosque	АЗ
Darul Ridzuan Museum	A3	Sultan Abdul Aziz Recreational	
DBI Sports Complex	C3	Park (Polo Ground)	D3
Geological Museum	D3	Tun Razak Library	АЗ
Gerbang Malam	B3	War Memorial	АЗ
Gua Bahagia	B1	Water Fountain	АЗ
Gunung Lang Recreational Park	B1		
Ipoh Mural Art Trail	B3	Shopping	
Ipoh Railway Station	A3	AEON Kinta City	D2
Ipoh Town Hall	A3	AEON Klebang	C1
Ipoh Tree	A3	AEON Station 18	B5
Japanese Garden		Angsana Mall	C3
@D.R. Seenivasagam Park	B3	Econsave	B4
Kinta River Walk	B3	Ipoh Parade	В3
Little India	A3	Megoplex	D5
Panglima Lane (Concubine Lane)	A3	Lotus Extra	D1
Perak Turf Club Equestrian Centre	C4	Lotus Ipoh	D2

The Store	B4	Fairmont	В4
Yik Foong Complex	B3	French	B 3
		Golden Roof	D3
Facilities		Grand View	B3
Hospital Fatimah	D2	Ibis Style	B4
Hospital Pantai Puteri	D3	Impiana	C4
Hospital Raja Permaisuri Bainun	B3	Ipoh City	B 3
Ipoh Railway Station	A3	lpoh Times Inn	D2
KPJ Ipoh Specialist Hospital	C3	Kinta Riverfront Hotel & Suites	B 3
Medan Kidd Bus Station	A3	Lucky	B4
Perak Community Specialist		M Boutique	A4
Hospital	C4	MH	D1
Perak State Library	C4	MH Studio	B4
Royal Perak Golf Club	D4	Mornington	D2
Sri Maju Sarata Express	B4	New Caspian	B4
Sultan Azlan Shah Airport	C5	Regalodge	B3
Terminal Amanjaya	C1	Ritz Garden	B4
UTC Ipoh	B3	Robin	B3
		Sakura	B4
Hotel		Seri Malaysia	C4
The Haven All Suite Resort	D3	Sun Inn	D3
Casuarina@Meru	C1	Tambun Inn	D3
Cititel Express Ipoh	A3	The Banjaran Hotsprings Retreat	D3
D' Eastern	B3	The Osborne Apartment	B4
De Residence	D1	Tower Regency	B3
Dragon & Phoenix	B3	Weil	B3
DWJ	C3	YMCA	B3
Ecotel	C4		
Excelsior	B3	Information Centre	

Fair Park

POJ PLACES OF INTEREST



IPOH RAILWAY STATION

Often referred to as the Taj Mahal of Ipoh, Ipoh Railway Station was designed by a British architect, A. B. Hubback, who had also designed the Kuala Lumpur Railway Station. Its stunning Moorish architecture is a major landmark in Perak's capital city. Adjacent to the train station is a hotel. +605 208 3151 (Ipoh Tourist Information Centre (ITIC))



GUNUNG LANG RECREATIONAL PARK

Set against the spectacular backdrop of the limestone outcrops of Gunung Lang, this recreational park provides a relaxing getaway for busy city folks. Comprising scenic artificial lakes and landscaped gardens, the park also features a man-made waterfall, lookout towers, campsites, a mini zoo and a playground.

+605 506 2088 (Gunung Lang Recreation Park)



BIRCH MEMORIAL CLOCK TOWER Built in 1909, this clock tower was erected in memory of J. W. W. Birch, the first British Resident of Perak who was assasinated in 1875. The panels portray 44 famous figures in world history. Terracotta figures representing the Virtues of British Administration - Loyalty, Patience, Justice and

Fortitude – guard the corners of the belfry. (ITIC)) +605 208 3151 (Ipoh Tourist Information Centre (ITIC))



DARUL RIDZUAN MUSEUM

Ipoh Tourist Information Centre A3

Housed in a building built more than 80 years ago, this museum contains an interesting collection of artefacts related to the state's tin-mining industry. It also has a sizeable collection on forestry and agriculture. Browse through the museum's exhibits for a glimpse of Perak's early history. **(** +605 242 6906/ 241 0048



KINTA RIVER WALK

Often referred to as the mini i-City of Ipoh, Kinta River Walk is the perfect place for a relaxing evening stroll. Rows of trees adorned with multi-coloured LED lights - reminiscent of the ones in Shah Alam – line the riverbank, painting a pretty picture at night. Restaurants can also be found along the river, adding to the lively atmosphere.

+605 208 3151 (Ipoh Tourist Information Centre (ITIC))



GERBANG MALAM

Located at Jalan Tahwil Azhar, Gerbang Malam is Ipoh's most lively night market. More than a hundred stalls offering a wide selection of clothes, fashion accessories and paraphernalia can be found within this market, which is open from seven in the evening until late at night. Great bargains abound, although haggling for even better deals is still possible. The market is especially lively during the weekends. +605 208 3151 (Ipoh Tourist Information Centre (ITIC))



GEOLOGICAL MUSEUM

First established in 1957, the fascinating Geological Museum houses a sizeable collection of fossils, rocks, minerals and gemstones that had been sourced locally over the years. It also displays an interesting collection of Cassiterite (tin ore) samples as well as a diorama depicting the various tin-mining methods employed

(+605 540 6000 www.jmg.gov.my



LOST WORLD OF TAMBUN

The Lost World of Tambun at Sunway City is a theme park with a unique setting – surrounded by 400-million-year-old limestone cliffs. It features a variety of fun rides and sights such as a water park, amusement park, tin valley, tiger valley, petting zoo and an adventure park. **+605 542 8888**

mww.sunwaylostworldoftambun.com



KEK LOK TONG TEMPLE

The Kek Lok Tong Temple is one of the most-visited temples in Perak. Set among towering limestone outcrops behind Gunung Rapat, the temple features a striking natural interior comprising stalactites, stalagmites and various rock formations. Bronze statues of Buddha reside within its cool and peaceful cavity. +605 312 8112



SAM POH TONG TEMPLE

(+605 312 0813

Set within the limestone hills of Gunung Rapat, this temple is one of Ipoh's most well-known cave temples. It is said to be the country's biggest cave temple. This beautiful temple features a breathtaking landscaped garden near its entrance, complete with an elaborately-decorated pavillion and a Japanese fish pond.



Tel: +605 254 3936 D' Eastern Hotel Tel: +605 242 8777 DWJ Hotel Merton Hotel* Tel: +605 318 2887 Seemsoon Hotel** Tel: +605 255 6888 Fairpark Hotel** Tel: +605 548 8666 Tel: +605 253 6666 Hotel Excelsior*** Hotel Grand View** Tel: +605 243 1488 Tel: +605 254 7777 Hotel Lucky** Hotel Seri Malaysia* Tel: +605 241 2936 Ipoh City Hotel** Tel: +605 241 8282 Kinta Riverfront Hotel & Suites*** Tel: +605 245 8888 Tel: +605 545 1000 MH Hotel*** Tel: +605 242 5555 Regalodge Hotel*** Ritz Garden Hotel*** Tel: +605 242 7777 Tower Regency Hotel**** Tel: +605 208 6888 Tel: +605 545 1678 Sun Inns Hotel Tel: +605 547 7211 Tambun Inn** The Banjaran Hotsprings Retreat* Tel: +605 210 7777 Sunway Lost World Hotel*** Tel: +605 466 2111 Tel: +605 312 2288 Symphony Suites M Roof Hotel & Residence Tel: +605 547 1777 Tel: +605 281 0998 Palm Hotel Tel: +605 249 1333 Soiourn Guest House MU Hotel Tel: +605 240 6888 M Boutique Ipoh Tel: +605 255 5566

Kampar Grand Kampar Hotel *** Tel: +605 466 2111 MD Boutique Hotel Tel: +6016 6646/+605 465 1813 M Boutique Hotel Tel: +605 467 2777 Tel: +605 467 0000 Kampar Boutique Hotel

Kuala Kangsar

Sayong Resort Kuala Kangsar Tel: +605 777 5002 Lanai Casuarina@Kuala Kangsar Tel: +605 770 2021 Lenggong

Tel: +605 767 8702 Rumah Rehat Lenggong Resort Tasek Raban Tel: +605 751 2799

Belum Rainforest Resort Tel: +605 791 6800 Marina Island Pangkor Resort & Hotel Tel: +605 680 5811 Lumut Suites Hotel Lumut Valley Resort

Tel: +605 680 3773 Tel: +605 683 4081 Marina Cove Resort*** Tel: +605 683 6666 Double Tree by Hilton Damai Laut Resort**** Tel: +605 684 3333 Tel: +605 683 8688 Teluk Batik Resort* Tel: +605 683 5544 Chalet Kenangan Tel: +605 683 4199 The Orient Star Resort*** Virgo Batik Resort Tel: +605 683 6334/5334

Pulau Pangkor Anjungan Beach Resort Tel: +605 685 1500 Tel: +605 685 2005 Hornbill Resort Nipah Bay Villa* Tel: +605 685 2198 Uptown Beach Resort Tel: +605 685 4510 Palma Beach Resort Tel: +605 685 3693 Pangkor Bayview Resort***

Tel: +605 685 3540 Pangkor Coral Bay Resort*** Tel: +605 685 5111 Pangkor Village Beach Resort Tel: +605 685 2227 Pangkor Sandy Beach Resort Tel: +605 685 3027 Puteri Bayu Beach Resort*** Tel: +605 685 1929 Seagull Beach Resort Tel: +605 685 2878 Sea View Hotel* Tel: +605 685 1605 Suria Beach Resort Tel: +605 685 3922 Tiger Rock Tropical Home Tel: +6019 574 7183 Purnama Beach Resort Tel: +605 685 3530 Avi Pangkor Beach Resort Tel: +605 685 4888

Sungkai Trolak Country Resort Tel: +605 438 8687 Felda Residence Hot Springs Tel: +605 438 8801

Kerian Bukit Merah Laketown Resort**** Tel: +605 890 8888 Cempaka Sari Resort Tel: +605 890 1866 / +6019 328 8812

Kuala Gula Manjung Sun Inns Tel: +605 692 2020 Hotel Sfera** Tel: +605 688 1000 Hotel Vilton Tel: +605 691 2439 Tel: +605 688 8811 Ritz Garden Hotel Mornington Hotel Tel: +605 683 2589 Brezza Hotel Tel: +605 693 3999 Oscar Suites Hotel Tel: +605 691 9858 Double Happiness Hotel Tel: +605 689 0833 Tel: +605 689 3082 68 Boutique Hotel

Pengkalan Hulu Rumah Rehat Kroh Inn Tel: +604 477 8500/+6011 2335 6211 Good View Motel Tel: +604 477 8177 Tel: +604 477 9001 Pengkalan Hulu City Hotel Tel: +604 477 9005 HNM Hotel Hotel Hill Towne Tel: +604 477 8032

Tel: +605 802 7777 Flemington Hotel*** Novotel Taiping Tel: +605 820 8288 Hotel Seri Malaysia* Tel: +605 806 9502 Tel: +605 806 1777 / 2777 Kamalodge Taiping Legend Inn* Tel: +605 806 0000 Hotel Grand Baron Tel: +605 807 9222 Panorama Hotel** Tel: +605 808 4111 Tel: +605 805 1000 Sentosa Villa The SSL Traders Hotel** Tel: +605 808 0000 Taiping Perdana Tel: +605 808 2011 / 2012

Tel: +605 805 2312

The Regency Hotel Taiping



Ku3 Hotel LF Hotel Rumah Rehat Tapah Hotel Kawan Oneone08 Hotel

Tel: +605 401 2262 Tel: +605 401 3628 Tel: +605 403 2981/2982 Tel: +605 401 8733 Tel: +605 403 2984

Tel: +605 621 5279

Angsoka Hotel Tel: +605 622 3756 Tel: +605 622 6624 **Grand Court Hotel** Tel: +605 622 6166 Tel: +605 691 5445 Sri Bandar Hotel Tel: +605 623 7534 Rivertel Hotel Tel: +605 620 5728 Tel: +605 620 5833 K Boutique Hotel Yew Boutique Hotel Tel: +605 623 6688



Lavendar Hotel

SHOPPING

Perak's thriving cottage industry can be mainly found in Kuala Kangsar, focusing on traditional crafts. The state's most popular handicraft is the labu sayong, a unique gourd-shaped receptacle made from clay, with Kampung Sayong in Kuala Kangsar being its main producer. Other popular handcrafted items include batik, earthenware, tekat (golden-thread embroidery), bamboo carvings and souvenirs made from seashells. The best places to find a wide range of traditional handicrafts are Enggor Handicraft Centre and Pulau Tiga Handicraft Centre. lpoh has several shopping malls, the biggest being lpoh Parade and Kinta City Shopping Complex. Night markets such as Gerbang Malam near the Birch Clock Tower are perfect hunting grounds for great bargains.





Ipoh is a well-known centre for Chinese cuisine. The popular ones include Sar Hor Fun, Hor Hee, Dim Sum and Hainanese Chicken Rice. Rendang Tok, a Malay dish unique to Perak, is also popular. The best places to sample Perak's local specialities are Golden Point Food Court, Tasik Raban, MBI Terrace, Stadium Food Court, Leaning Tower Food Court and Woolley Food City. Other local favourites include Menglembu groundnuts, Kacang Puteh Buntong, (mixed nuts), Tambun pomelos, Tanjung Malim Pau (Chinese steamed buns), Kampar Chicken Biscuits and the hugely popular Ipoh White Coffee.







Ipoh is situated about 165km from Penang and 205km or approximately 2½ hours' drive from Kuala Lumpur. Air-conditioned shuttle services to Ipoh are available from KLIA as well as Hentian Duta and Terminal Bersepadu Selatan in KL. Keretapi Tanah Melayu Berhad (KTMB) provides rail services to all major town in Perak, namely Sungkai, Batu Gajah, Ipoh, Kuala Kangsar and Taiping. High-speed Electric Train Services (ETS) also provides daily services between KL Sentral and Ipoh.



GETTING AROUND

Buses, taxis and e-hailing services are readily available around lpoh. Taxis can be found at the city's bus stations, hotels and shopping complexes. To reach other towns in Perak, outstation buses are available at Meru Raya Terminal in Ipoh. Alternatively, you can also rent a car and explore the state at your own pace.

Malaysia

Situated in the heart of Southeast Asia, Malaysia is a vibrant destination with a diversity of cultures and traditions. This tropical paradise boasts pristine jungles and verdant national parks that are teeming with numerous species of birds and wildlife. Malaysia's sundrenched islands and beaches are home to a stunning range of marine life. Its natural wealth is complemented by magnificent modern landmarks and heritage buildings. There is something to charm every visitor, be it a history-lover, nature-enthusiast, sun-seeker or an avid shopper. Explore the length and breadth of the country to discover the many attractions of Malaysia!

Perak

Perak, meaning 'silver' in Malay, was once a wealthy tin-mining state and is believed to have derived its name from the silvery tin-ore deposits that could be found in abundance here in the past. Also known as 'The Land of Grace', Perak greets visitors with a wealth of unique attractions and cultures. Among the state's delightful cornucopia of wonders are intriguing cave temples, the country's oldest museum, Malaysia's very own Leaning Tower and the country's first night safari. Its capital city is Ipoh, the City of Bougainvillea.



STRAITS OF MALACCA

TAIPING

KUALA KANGSAR Sultan Azlan Shah Gallery Enggor Handicraft Centre

 Kampung Sayong (Labu Sayong) Malay College Kuala Kangsar Malaysia's oldest rubber tree

 Masjid Ubudiah • Royal Museum Kuala Kangsar

 Ulu Kenas Waterfall Labu Kubong Homestay

Victoria Bridge

----- International Border State Capital Major Town ---- State Border Town Expressway Major Road

Jetty Railway ★ Places of Interest

* Map not drawn to scale







PULAU PANGKOR

Characterised by miles of white, sandy beaches and charming fishing villages, this island is also filled with attractions such as the historical Dutch Fort, Batu Bersurat, traditional boatyards and popular beaches such as Pantai Puteri Dewi, Pantai Pasir Bogak and Teluk Nipah. Just nearby is the exclusive Pangkor Laut Resort.

+605 689 8800 (Manjung Municipal Council)



KUALA GULA BIRD SANCTUARY

Forming part of the Matang Mangrove Forest Reserve, Kuala Gula is a small yet scenic fishing village in Kerian, approximately 50km to the west of Taiping. This place is a popular birdwatching spot with its abundance of resident and migratory bird species. Thousands have been known to flock to this area during the migratory season. **(+605 890 2207**



SUNGAI KAMPAR WHITE WATER RAFTING Push yourself to the limit and enjoy the adrenaline rush as

you glide through 14 rapids (Class I – III) in the clear, cooling waters of the Kampar River. Don't forget to enjoy the view of the lush surroundings while you go about on your little adventure. This activity will be guided by a professional rafter and is safe even for beginners

(ITIC)) +605 208 3151 (Ipoh Tourist Information Centre (ITIC))



ROYAL BELUM

Nestled within the protected Belum Valley, Royal Belum's unspoilt wilderness possesses a complex ecosystem and is one of the few places in Malaysia where one can find the rare Rafflesia. It is also an important habitat for a number of endangered species such as the seladang, the Asian Elephant, the Malayan Tiger and the Sumatran Rhinoceros. +605 791 7858 / 4543



LENGGONG ARCHAEOLOGICAL GALLERY Named a UNESCO World Heritage Site in 2012, Lenggong Valley is one of the world's most important archaeological sites. One of its many prehistoric caves was the burial site of the Perak Man. The first-of-its-kind in the country, the Lenggong Archaeological Gallery houses an impressive collection of prehistoric artefacts.

(+605 767 9700 / 9693



ORANG UTAN ISLAND

Part of the Bukit Merah Laketown Resort, the 35-acre Orang Utan Island is a breeding sanctuary cum conservation, research and education centre for these lovable primates. Walk through its 100-metre steel cage tunnels and get up close and personal with its star attractions. +605 890 8110

www.orangutanisland.org.my



BUKIT LARUT (MAXWELL HILL)

Bukit Larut, once known as Maxwell Hill, is Malaysia's smallest hill resort. Perched 1,250m above sea level, it towers over the scenic town of Taiping. Its virtually undisturbed montane forest was gazetted as a permanent forest reserve in 1910 and houses a bountiful collection of flora and fauna. **(** +605 807 7241



ZOO TAIPING & NIGHT SAFARI

Zoo Taiping is the country's first zoo. It is home to some 180 local and exotic wildlife species. Its Night Safari, which uses a special lighting similar to moonlight for a more authentic experience, is the first of its kind in Malaysia. Hop on the mini train around the zoo and catch some of the zoo's nocturnal

inhabitants in action. **(**+605 808 6577 🚯 www.zootaiping.gov.my



TAIPING LAKE GARDENS

Taiping Lake Gardens is one of the country's oldest parks. Established in 1880, what was once a mining ground has been transformed into a beautiful, refreshing sanctuary where a number of flora and fauna species thrive in. The park is well-known for its lush, ancient golden rain trees, otherwise known locally as Angsana trees.

+605 808 0777 (Taiping Municipal Council)



MATANG MANGROVE FOREST RESERVE Said to be the country's best managed mangrove forest, unique to the mangrove forest. Mangrove tree species such as the Bakau Minyak and Bakau Kurap thrive here. +605 858 1762 / 807 2762



PERAK MUSEUM

Built in 1883, Perak Museum is the country's oldest museum. Located in Taiping, the museum showcases impressive displays on zoology, history, economy and ethnology. Equally impressive is its collection of archaeological treasures which includes ancient weapons, tools and indigenous implements. **+605 807 2057**

www.muziumperak.gov.my



SULTAN AZLAN SHAH GALLERY

Formerly known as Istana Hulu or Hulu Palace, the Sultan Azlan Shah Gallery features the history and achievements of Sultan Azlan Shah, the former Sultan of Perak, as well as the history and genealogy of the Perak Sultanate. It also showcases replicas, photographs, automobiles and gifts to His Royal Highness and his wife.

(+605 777 5362



MASJID UBUDIAH

Masjid Ubudiah is one of Kuala Kangsar's most beautiful historical landmarks. Built between 1913 and 1917 by the 28th ruler of Perak, Sultan Idris Mursyidul Adzam Shah, its magnificent golden domes and minarets are the hallmarks of classic Islamic architecture.

(+605 776 1141 (Office of DYMM Paduka Sri Sultan Perak)



PASIR SALAK HISTORICAL COMPLEX Pasir Salak Historical Complex is a tribute to the Malay warriors of vestervear who had rebelled against the British rule and inspired nationalism. Here, these warriors are

honoured with special memorials. A 'time tunnel' narrates

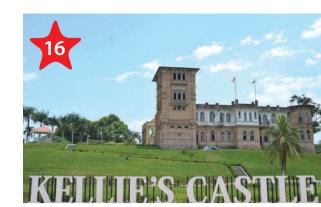
important historical events in the form of a diorama. **(+605 631 1462**



Matang Mangrove Forest Reserve has a rich biodiversity. It is teeming with species of trees, birds, fish and other aquatic life



TELUK INTAN LEANING TOWER Standing at a height of 25.5m, the pride of Teluk Intan was originally built in 1885 as a covered water tank to store water during dry seasons. It was straight when it was first built, but began to tilt to the left in 1889. Today, the eight-storey pagoda-like structure is a well-known landmark. +605 622 1299 (Teluk Intan Municipal Council)



KELLIE'S CASTLE

Projecting an aura of mystery, Kellie's Castle is the unfinished residence of a wealthy Scottish planter, William Kellie Smith. The mansion's construction was abandoned upon his sudden demise in 1926. The castle is believed to contain hidden rooms and secret underground passages, and is the location of several tales of the supernatural. **(**+605 365 3381 / 012 231 5831



THE TREASURE @ TAMAN HERBA **GOPENG**

Situated in Gopeng, the 22.4-hectare herbs garden has an interesting variety of herbs planted in individual courtyards. Among those that can be found here are herbs for medicinal, aromatherapy and cosmetic uses as well as local salads (ulam) and spices. Guided tours to take you around the park are also available.



GUA TEMPURUNG

Stretching over one kilometre from Sungai Siput to Kuala Dipang, Gua Tempurung is one of the largest limestone caves in Peninsular Malaysia. This magnificent show cave is made up of five domes with coconut shell-like ceilings and contains a wealth of natural attractions which includes stalactites, stalagmites and impressive rock

formations. **(**+6014 220 4142

(+605 401 1216



TAMAN EKO RIMBA LATA KINJANG

This eco park is situated around 15km from Tapah. It has a magnificent multi-tiered waterfall that is visible from the North-South Expressway. A popular picnic spot, the waters of Lata Kinjang cascading down the mountain make for a truly spectacular sight.



FELDA RESIDENCE HOT SPRINGS, **SUNGALKLAH**

Nestled at the foot of the Titiwangsa Range, Felda Residence Hot Springs is place the soothe your stress away. Set within scenic natural surroundings, the therapeutic waters here are said to be able to relieve a range of ailments. Indulge in a hot refreshing bath at the private pools, relax your feet at the water reflexology paths, or try boiling fresh eggs in the mineral-rich waters. Accommodation facilities are available. +605 438 8801/2/3